

MOHD ARIF USMANI

TGT – Physical Education Teacher
Agra, Uttar Pradesh
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PROFESSIONAL SUMMARY

B.P.Ed from Aligarh Muslim University with teaching and coaching exposure. Strong command over lesson planning, assessment, discipline management, and sports coaching. Dedicated to holistic physical, mental, and social development of students.

EDUCATION

- B.P.Ed – Aligarh Muslim University (2024–2026)
- B.P.Es – Dr. Bhimrao Ambedkar University, Agra (2020–2023)
- Class XII – UP Board (2019)
- Class X – UP Board (2016)

TEACHING SKILLS

- Yearly, Unit & Daily Lesson Planning
- Command, Practice, Demonstration, Reciprocal Methods
- Student Fitness & Skill Assessment
- Ground & Safety Management
- Sports Day & Inter-House Competition Organization
- Basic First Aid & Injury Prevention

SPORTS ACHIEVEMENTS – JUDO

- All India Judo Championship – 1st Place
- National (SGFI) – 3rd Place
- Senior State – 2nd & 3rd Place (Multiple)
- Junior State – 1st Place (2 Times), 2nd Place
- All India University – Participated
- Open State – Participated

CERTIFICATIONS & TRAINING

- NCC 'A' Certificate
- Leadership & Mountaineering Training Camp
- Track & Field Ground Marking Workshop
- Judo Officiating – Agra
- Team Manager – State Level Judo Competitions
- MS Word | MS PowerPoint | Basic Computer Operations

PERSONAL DETAILS

- Father's Name: Mr. Mohd Munna Khan
- Date of Birth: 26/03/2000
- Nationality: Indian
- Marital Status: Unmarried