

JULIUS LABANAUSKIS



Current Address: Can Tho, Vietnam

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 **Profile** [Link](#)

Date of Birth: April 15, 1989

Nationality: Lithuanian

Marital Status: Single

Dependents: None

Languages: English & Lithuanian

3+ Years of K-12 Physical Education & Health Teaching Experience

Key Strengths:

- **Adaptability:** effective in diverse cultural and educational contexts
- **Strong Communication Skills:** fostering positive relationships with students and parents
- **Classroom Management:** creating structured and engaging learning environments
- **Team Collaboration:** contributing to a supportive and goal-oriented school community

Key Characteristics within School Community:

- **Collaboration & Teamwork:** building strong relationships with staff, students, and parents
- **Commitment to Diversity & Inclusion:** creating a welcoming & equitable learning environment

As a **Physical Education** teacher, I believe that students learn best when they are **challenged, supported, and engaged**. I do this by creating an **inclusive** environment, providing instruction based on **individual needs**, and giving opportunities for students to make **real-world applications**. In my classroom, I strive to create a **collaborative, student-centered** environment, where students are encouraged to use **respectful** language and behavior. This is reflected in how **confident, resilient, and knowledgeable** students are as they leave the classroom. When working with colleagues, I help foster a **culture of collaboration** and **shared professional development**. Most importantly, I want students to develop a **love for an active lifestyle**, along with **good character & values**, so that they can **succeed both academically and socially**.

EDUCATION

2025 **US Teaching Certificate** - Health & Physical Education K-12 (2029) - District of Columbia - USA

2012 **Bachelor of Science - Sport Studies**, focusing on **Coaching Education** - Lithuanian Sports University

TEACHING EXPERIENCE

2023-Present - **K-12 Physical Education Teacher** - Singapore International School - VIETNAM

- *Teaching K-12 Physical Education & Health, using Vietnamese & Singapore Curriculum*
- Managing diverse student abilities in primary and secondary-level classes of 10-20 students
- Designing differentiated lesson plans with tiered & scaffolded activities
- Results after 2 years, students are now demonstrating greater engagement, confidence, and improved skill development across varying ability levels

2022-2023 - **Head Football (Soccer) Coach** - London Town Football Club - UNITED KINGDOM

- Led a squad of teenage players needing development in tactics, technique, and teamwork
- Delivered structured training sessions focused on strategy, skill drills, and collaborative play
- Players showed improved match awareness, stronger technical execution, and enhanced team cohesion

2013-2022 - *Self-employed Entrepreneur & Hospitality in the UK*

2010-2013 – Sports Teacher & Camp Instructor – LDK Palikuonys – LITHUANIA

- Led sports, outdoor activities, and recreational programs for youth aged 8-15 in camp settings
- Planned and facilitated team-building exercises, group challenges, and physical skill development sessions
- Strengthened peer relationships, improved group cohesion, and boosted confidence

PROFESSIONAL DEVELOPMENT

Certificates:

2025 – UEFA B Professional Football License – DFB UEFA
2025 – USA Basketball Coaching License – USA Basketball
2025 – Child Safeguarding – CPD
2025 – Physical Education – Fitness Training Principles and Methods – Online
2024 – German Football License – Thuringia Football Association
2023 – First Aid In Football – IFAiF
2023 – Kinderworld Teaching Model: Explicit Teaching and CFU – SIS
2019 – England FA Level 1 in Coaching Football – The FA

EDUCATIONAL TECHNOLOGY

Google & Microsoft, Canvas, Visual Eye, My Jump Lab, CoachNow, MatchEye, EDU Page, SMS Portal

EXTRA-CURRICULAR ACTIVITIES

Coaching Football and Basketball
Open to facilitate Chess Club and coach most other sports

COMMUNITY & VOLUNTEER ACTIVITIES

- **Organizing weekend basketball and football games** outside of school, connecting students with local communities and giving them opportunities to showcase their skills
- **Facilitating after-school basketball and football competitions** for students, inviting parents to attend and strengthening school-parent relationships while fostering student growth & confidence
- **Building community connections** by creating platforms where students form friendships beyond school, enhancing social development and teamwork
- **Participating in school initiatives in Cần Thơ**, delivering food and clothing supplies to less fortunate community members, supporting local welfare and social responsibility

INTERESTS

Badminton, Mobility workouts, Running, Basketball, Soccer, Chess, Reading self-empowerment books, Organising with Notion and Things 3

REFERENCES

Mr. Aaran Meusen
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