

JULIUS LABANAUSKIS



Current Address: Can Tho, Vietnam
Home Address: Vilnius, Lithuania
Phone: +84-77-927-8782
Email: ju@lius.lt
in: Profile [Link](#)

Date of Birth: April 15, 1989
Nationality: Lithuanian
Marital Status: Single
Dependents: None
Languages: English & Lithuanian

3+ Years of K-12 Physical Education & Health Teaching Experience

Key Strengths:

- **Adaptability:** effective in diverse cultural and educational contexts
- **Strong Communication Skills:** fostering positive relationships with students and parents
- **Classroom Management:** creating structured and engaging learning environments
- **Team Collaboration:** contributing to a supportive and goal-oriented school community

Key Characteristics within School Community:

- **Collaboration & Teamwork:** building strong relationships with staff, students, and parents
- **Commitment to Diversity & Inclusion:** creating a welcoming & equitable learning environment

As a Physical Education teacher, I believe that students learn best when they are challenged, supported, and engaged. I do this by creating an inclusive environment, providing instruction based on individual needs, and giving opportunities for students to make real-world applications. In my classroom, I strive to create a collaborative, student-centered environment, where students are encouraged to use respectful language and behavior. This is reflected in how confident, resilient, and knowledgeable students are as they leave the classroom. When working with colleagues, I help foster a culture of collaboration and shared professional development. Most importantly, I want students to develop a love for an active lifestyle, along with good character & values, so that they can succeed both academically and socially.

EDUCATION

2025 US Teaching Certificate – Health & Physical Education K-12 (2029) – District of Columbia – USA
2012 Bachelor of Science – Sport Studies, focusing on Coaching Education – Lithuanian Sports University

TEACHING EXPERIENCE

2023-Present – **K-12 Physical Education Teacher** – Singapore International School – VIETNAM

- *Teaching K-12 Physical Education & Health, using Vietnamese & Singapore Curriculum*
- Managing diverse student abilities in primary and secondary-level classes of 10-20 students
- Designing differentiated lesson plans with tiered & scaffolded activities
- Results after 2 years, students are now demonstrating greater engagement, confidence, and improved skill development across varying ability levels

2022-2023 – **Head Football (Soccer) Coach** – London Town Football Club – UNITED KINGDOM

- Led a squad of teenage players needing development in tactics, technique, and teamwork
- Delivered structured training sessions focused on strategy, skill drills, and collaborative play
- Players showed improved match awareness, stronger technical execution, and enhanced team cohesion

2013-2022 – *Self-employed Entrepreneur & Hospitality in the UK*

2010-2013 - Sports Teacher & Camp Instructor - LDK Palikuonys - LITHUANIA

- Led sports, outdoor activities, and recreational programs for youth aged 8-15 in camp settings
- Planned and facilitated team-building exercises, group challenges, and physical skill development sessions
- Strengthened peer relationships, improved group cohesion, and boosted confidence

PROFESSIONAL DEVELOPMENT

Certificates:

- 2025 - UEFA B Professional Football License - DFB UEFA
2025 - USA Basketball Coaching License - USA Basketball
2025 - Child Safeguarding - CPD
2025 - Physical Education - Fitness Training Principles and Methods - Online
2024 - German Football License - Thuringia Football Association
2023 - First Aid In Football - IFAiF
2023 - Kinderworld Teaching Model: Explicit Teaching and CFU - SIS
2019 - England FA Level 1 in Coaching Football - The FA

EDUCATIONAL TECHNOLOGY

Google & Microsoft, Canvas, Visual Eye, My Jump Lab, CoachNow, MatchEye, EDU Page, SMS Portal

EXTRA-CURRICULAR ACTIVITIES

Coaching Football and Basketball

Open to facilitate Chess Club and coach most other sports

COMMUNITY & VOLUNTEER ACTIVITIES

- Organizing weekend basketball and football games outside of school, connecting students with local communities and giving them opportunities to showcase their skills
- Facilitating after-school basketball and football competitions for students, inviting parents to attend and strengthening school-parent relationships while fostering student growth & confidence
- Building community connections by creating platforms where students form friendships beyond school, enhancing social development and teamwork
- Participating in school initiatives in Cần Thơ, delivering food and clothing supplies to less fortunate community members, supporting local welfare and social responsibility

INTERESTS

Badminton, Mobility workouts, Running, Basketball, Soccer, Chess, Reading self-empowerment books, Organising with Notion and Things 3

REFERENCES

Mr. Aaran Meusen
Head of Studies & Docent
SIS, Vietnam
aaran.meusen@cantho.sis.edu.vn
+84-292-730-1777

Mr. Tran Thanh Tam
Principal
SIS, Vietnam
tam.tranthanh@cantho.sis.edu.vn
+84-292-730-1777

Mr. Dudley Schroeder
Former Principal
SIS, Vietnam
Now at another SIS campus:
dudley.schroeder@vungtau.sis.edu.vn
+84-254-730-1777

Mr. Daniel Van Helden
Club Manager
LTFC, UK
londontownfc@info.co.uk
+44-77-3843-1799